

Auburn Montgomery Student Health Services:

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/24/19

PATIENT: TEST,AUM

DOB: 09/03/1958

Gender: FEMALE

MRN: 002

AGE: 61 Years

Addendum Date: 10/28/2019 9:39:40 AM by Carol Stewart

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Pain, urgency and frequency on urination.

HISTORY OF PRESENT ILLNESS: Symptoms began about 3 days ago with urgency, frequency and pain on urination. Symptoms have become progressively worse and is now voiding small amounts every 1-2 hours. Reports she has been taking Tylenol ES q 4 -6 hours and drinking 6 glasses of water a day without noticeable improvement. Does not have a previous history of UTI's and is not sexually active.

VITALS: BP: 108/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98.1; **Ht:** 68 in.; **Wt:** 141 lbs.; **BMI:** 21.43; **FDLMP:** 02/01/18

ALLERGIES: Penicillins ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

fluoxetine 40 mg capsule (1 po qd)
pravastatin 20 mg tablet (qd)

PAST MEDICAL HISTORY:

MVA with fx clavicle: Dx 1996
Hyperlipidemia: DX 1999
Depression unipolar: Dx 1989
Vit D. Deficiency: DX 2018

IMMUNIZATION: All up-to-date, Last flu vaccine 9/23/19

Screenings:

PAP/GYN exam 7/8/19--no abnormal findings
Last Mammogram 8/4/19--no abnormal findings
Hearing screening 10/2/19-- no abnormal findings

PAST SURGICAL HISTORY: Ventral hernia repair 5/23/19, Last EGD:7/18/19; Last Colonoscopy: 6/29/18

SOCIAL HISTORY: Does wear a seat belt; Does not use tobacco; Does not use recreational drugs; Works as a: Nurse; Divorced; Lives alone; Exercises regularly; Has Not had excessive exposure to the sun. Has Not been exposed to someone with TB. Does not use alcohol; Has advanced directive(s);

FAMILY HISTORY:

Mother: 61 yr, No known health issues
Father: 64 yr, HTN and hyperlipidemia
Maternal Grandmother: 79, Hyperlipidemia, depression, anxiety
Maternal Grandfather: 81, HTN, DM II,
Paternal Grandmother: 83, No known health issues
Paternal Grandfather: 81, DM II, ETOH abuse, HTN
Sister: 44, No known health issues
Maternal aunt: 54, Breast CA

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REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

Patient is positive for: Cataracts,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

GENITOURINARY: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps. Positive for urinary urgency, frequency and burning.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PSYCHOLOGICAL: Depression, remission.

BREAST: All negative for discharge or mass.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

GENITOURINARY: Deferred, see UA

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

UA (1 unit(s)): In-House Lab

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)

R82.90 - UNSPECIFIED ABNORMAL FINDINGS IN URINE

E78.5 - Hyperlipidemia, unspecified (controlled)

F33.42 - Major depressive disorder, recurrent, in full remission

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PLAN:

Macrobid 100 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Oral and written information provided on UTI's.

Increase fluid intake to 3 liters a day.

If symptoms not resolving, RTC

Continue all routine medications.

Electronically signed by Carol Stewart, NP on 10/28/19 9:38 AM