

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 01/26/23

**PATIENT:** YOUNG, BELINDA    **DOB:** 09/28/1959    **Gender:** FEMALE    **MRN:** 1020    **AGE:** 63 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Sore throat

**HISTORY OF PRESENT ILLNESS:** Ms. Young presents to the clinic with complaints of nasal congestion, sore throat with headache x 5 days.

**VITALS:** BP: 132/78    **Site:** LEFT ARM    **Position:** SITTING    **Pulse:** 95;    **Temp:** 97.8;    **Resp:** 16;    **Ht:** 61.5 in.;    **Wt:** 180.6 lbs.;    **BMI:** 33.57;    **Pulse Oximetry:** 98%

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Vitamin D2 1,250 mcg (50,000 unit) capsule (1 capsule po weekly)  
cetirizine 10 mg tablet (1 tablet by mouth daily)  
omeprazole 20 mg capsule, delayed release (1 tablet by mouth daily)  
vitamin E 100 unit capsule (1 tablet by mouth daily)

**PAST MEDICAL HISTORY:** Hay Fever/Allergies; Headache; mumps, pregnancy, chicken pox

**PAST SURGICAL HISTORY:** Wisdom teeth

**FAMILY HISTORY:** Mother with history of: diabetes and HTN; Father with history of: HTN, stroke--deceased at age 60; Brother with history of: diabetes, HTN; Maternal Grandfather with history of: diabetes--deceased; Maternal Grandmother with history of: diabetes, HTN, Liver Ca--deceased; Paternal Grandmother with history of: diabetes, HTN

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 01/26/23

**PATIENT:** YOUNG, BELINDA    **DOB:** 09/28/1959    **Gender:** FEMALE    **MRN:** 1020    **AGE:** 63 Years

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

STREP A (1 unit(s)): In-House Lab  
Abbott COVID Rapid Test (1 unit(s)): In-House Lab  
INFLUENZA (1 unit(s)): In-House Lab

**RESULTS:**

STREP A:  
Value: Negative

INFLUENZA:  
Value: Negative

Abbott COVID Rapid Test:  
Value: Negative

**ASSESSMENT:**

J01.10 - Acute frontal sinusitis, unspecified (PRIMARY)  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED  
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS  
R51.9 - HEADACHE, UNSPECIFIED  
R09.81 - NASAL CONGESTION  
J01.90 - Acute sinusitis, unspecified

**PLAN:**

Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet  
Refills: 0 Qty: 14 TABLET(S)  
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup  
Refills: 0 Qty: 280 ML(S)  
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS AS NEEDED FOR  
COUGH/CONGESTION. DO NOT EXCEED 40 ML/DAY

Electronically signed by Robin Blackwell, CRNP on 01/26/23 10:18 AM

*Robin Blackwell CNP*