

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/14/19

PATIENT: YOUNG, LIN **DOB:** 09/28/1959 **Gender:** FEMALE **MRN:** 1020 **AGE:** 59 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Rash

Symptoms: rash that is appearing in the folds (AC, behind legs, on chest and under breasts). Is dry and itchy. Will resolve and then return. Thought it was R/T heat but has last for almost 6 weeks.

Location: Behind knees, AC area, chest and under breast.

Context: Has changed diet.

ModFact: Takes mainly vitamins and supplements. Has tried hydrocortisone cream, powder, cetaphil cleanser

VITALS: BP: 132/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Vitamin D2 50,000 unit capsule (1 capsule po weekly)

cetirizine 10 mg tablet (1 tablet by mouth daily)

omeprazole 20 mg capsule, delayed release (1 tablet by mouth daily)

vitamin E 100 unit capsule (1 tablet by mouth daily)

PAST MEDICAL HISTORY: Hay Fever/Allergies; Headache; mumps, pregnancy, chicken pox

PAST SURGICAL HISTORY: Wisdom teeth

FAMILY HISTORY: Mother with history of: diabetes and HTN; Father with history of: HTN, stroke--deceased at age 60; Brother with history of: diabetes, HTN; Maternal Grandfather with history of: diabetes--deceased; Maternal Grandmother with history of: diabetes, HTN, Liver Ca--deceased; Paternal Grandmother with history of: diabetes, HTN

REVIEW OF SYSTEMS:

:See HPI

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

DERMATOLOGIC: Skin Temperature: Warm Dry; erythematous pruritic patches noted on flexural surfaces of knees, arms, and noted on chest. Erythematous, mildly hyperpigmented macules noted under breast

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

L20.9 - ATOPIC DERMATITIS, UNSPECIFIED (PRIMARY)

B36.0 - Pityriasis versicolor

PLAN:

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triamcinolone acetonide 0.1 % topical cream
Refills: 1 Qty: 30 GRAM(S)
Instructions: Apply to affected areas twice daily

Keep flexural surfaces as dry as possible.

Use hypoallergenic soaps, detergents, and washes.

Avoid scratching rash.

clotrimazole 1 % topical cream
Refills: 1 Qty: 30 GRAM(S)
Instructions: APPLY TO THE AFFECTED AND SURROUNDING AREAS OF SKIN BY TOPICAL ROUTE 2 TIMES PER DAY.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 06/14/19 2:34 PM