

Auburn Montgomery Student Health Services:

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/29/20

PATIENT: YU, WANBING **DOB:** 12/24/1999 **Gender:** FEMALE **MRN:** 1022 **AGE:** 20 Years

Addendum Date: 1/29/2020 3:40:28 PM by Melodye Harvey

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Stomach pain

Symptoms: Patient reports that she was diagnosed with H. pylori infection on 1/3/2020. Patient also reports nausea, fatigue, loss of appetite, and dizziness.

VITALS: BP: 106/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97.9; **Resp:** 12; **Ht:** 61 in.; **Wt:** 91.1 lbs.;
BMI: 17.21; **FDLMP:** 01/13/20

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: H. pylori, reflux

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: Does live alone; Single; Does not use recreational drugs; Does not use tobacco; Does not use alcohol; Does not exercise regularly;

FAMILY HISTORY: Father with history of: HTN; Paternal Grandfather with history of: HTN

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills, Patient is positive for: Nausea, Dizziness, Fatigue,

GASTROINTESTINAL: Patient is positive for: abdominal pain, appetite loss, heartburn; Patient denies: diarrhea,

PHYSICAL EXAM:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age; slender and petite

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender; THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

HEART: RRR

LUNGS: CTA bilaterally

GI: hyperactive bowel sounds, no tenderness with palpation, no rebound tenderness, abdomen soft, flat, nondistended.

NEURO: no focal deficits

ORDERS:

UA (1 unit(s)): In-House Lab

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

H. PYLORI UREA BREATH TEST (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

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Appearance: Clear
Color: Yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.030
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

R10.9 - UNSPECIFIED ABDOMINAL PAIN (PRIMARY)
Z86.19 - Personal history of other infectious and parasitic diseases--H. pylori
K21.9 - Gastro-esophageal reflux disease without esophagitis

PLAN:

omeprazole 20 mg capsule, delayed release
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY 30 MINUTES TO 1 HOUR BEFORE MEAL

CBC with diff, CMP, H. pylori breath test--sent to Quest in Chantilly Walmart for test.

amoxicillin 500 mg tablet
Refills: 0 Qty: 28 TABLET(S)
Instructions: TAKE 2 TABLETS (1000 MG) BY ORAL ROUTE EVERY 12 HOURS

clarithromycin 500 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Will notify patient of any abnormal lab results.

fluconazole 150 mg tablet
Refills: 1 Qty: 2 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE, MAY REPEAT IN 3 DAYS FOR PERSISTING SYMPTOMS.

Follow-up in 1 week OR sooner if needed.

Electronically signed by Melodye Harvey, CRNP on 01/29/20 3:38 PM