

VAGINAL YEAST INFECTION

Name: Bethany Ware

Date: 1-13-17

The Nurse Practitioner I saw today

Carol Stewart, CRNP

Darlene Pierce, CRNP

Ramona Lazenby, CRNP

What Is a Yeast Infection?

Yeast is a fungus that is present in the vagina. It usually does not cause any problems. Sometimes the natural balance in the vagina can change. This causes the yeast to grow and then you have a yeast infection.

What Causes a Yeast Infection?

- ➔ Taking antibiotics
- ➔ Douching
- ➔ Feminine deodorant sprays and powders
- ➔ Birth control pills

What Are the Symptoms?

- ✗ Itching
- ✗ Burning
- ✗ White discharge (like cottage cheese)
- ✗ Red rash near vagina

What Medicine Do I Need?

Diflucan (Fluconazole) 150mg
1 tablet, take 1 time

OVER THE COUNTER MEDICINES:

Monistat: 1 day, 3 day OR 7 day

Gyne-Lotrimin: 1 day, 3 day OR 7 day

USE AS DIRECTED ON PACKAGE!

Carol Stewart, C.R.N.P.
Lic. #1-045437
Rx: 1178

AUBURN MONTGOMERY
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Ramona Lazenby, C.R.N.P.
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Rx: 0703

Mariuz Fuentes, M.D.
(334) 244-4322
DEA #BF 6451520
AL #24127

Name: Bethany Ware Date: 1-13-17

Address: _____

Rx: Diflucan 150mg

1

Label all prescriptions

Refill: 1 2 3 5 PRN NR

Date: _____

Product Selection Permitted

Dispense As Written

Time: _____

other infection:

and cotton-lined panty

odorant sprays or

and toilet tissue

number...

as instructed

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AUM Nursing Care Center (Patients seen from 9:00 am to 4:30 pm, Monday - Friday) Phone # 244-3281