

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/07/23

PATIENT: HIGDON, LEON **DOB:** 03/20/1966 **Gender:** MALE **MRN:** 1048 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up.

HISTORY OF PRESENT ILLNESS: Needs refills of his cholesterol medication. BP is good at home. No swelling in his hands since changing to losartan from amlodipine. He has a history of seasonal allergies. He has been taking zyrtec with no relief.

VITALS: BP: 121/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 98; **Resp:** 16; **Ht:** 71 in.; **Wt:** 224.8 lbs.;
BMI: 31.35; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins

MEDICATIONS:

diphenhydramine 25 mg capsule (2 capsules po every night prn)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule once weekly for low vitamin D.)
fenofibrate micronized 134 mg capsule (TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL)
losartan 50 mg-hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY for HTN)

PAST MEDICAL HISTORY: Childhood asthma, allergies, HTN, HLD, RBB on EKG

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Exercises regularly; Does not live alone; Married; Consumes alcohol. Frequency: weekly Type: beer

FAMILY HISTORY: Father with history of: HTN---Does not take medication

HEALTH MX HISTORY:

Cards- Dr. Crum- Echo December 2020, Nuclear Stress Test- Feb. 2021.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)

E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

J30.9 - ALLERGIC RHINITIS, UNSPECIFIED

PLAN:

He is due for yearly PSA. He wants to wait and have it checked with his next labs. He has not had a colonoscopy. He agreed to cologuard. Will send in another referral. Continue current meds as prescribed. Add singulair for allergy relief. Follow up in 6 months for recheck.

fenofibrate micronized 134 mg capsule

Refills: 1 Qty: 90 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL

Singulair 10 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Electronically signed by Lindsey Barton, CRNP on 03/07/23 12:26 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.