

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/14/23

PATIENT: HIGDON, LEON **DOB:** 03/20/1966 **Gender:** MALE **MRN:** 1048 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers and needs med refills.

Symptoms: Runny nose and congestion. Has been using afrin otc and zyrtec with little relief.

VITALS: BP: 136/91 **Pulse:** 80; **Temp:** 98.5; **Resp:** 16; **Ht:** 71 in.; **Wt:** 220 lbs.; **BMI:** 30.68; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins

MEDICATIONS:

Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)

ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule once weekly for low vitamin D.)

fenofibrate micronized 134 mg capsule (TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL)

losartan 50 mg-hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY for HTN)

PAST MEDICAL HISTORY: Childhood asthma, allergies, HTN, HLD, RBB on EKG

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Exercises regularly; Does not live alone; Married; Consumes alcohol. Frequency: weekly Type: beer

FAMILY HISTORY: Father with history of: HTN---Does not take medication

HEALTH MX HISTORY:

Cards- Dr. Crum- Echo December 2020, Nuclear Stress Test- Feb. 2021.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
PSA, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
J30.2 - Other seasonal allergic rhinitis
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE
Z13.29 - ECTR FOR SCREEN FOR OTH SUSPECTED ENDO DISORDER
E55.9 - Vitamin D deficiency, unspecified.

PLAN:

Follow up with labs. Fax HT form. Follow up in 6 months for recheck or sooner if needed.

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 2 Qty: 1 UNIT(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Xyzal 5 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule

Refills: 3 Qty: 13 CAPSULE(S)

Instructions: 1 CAPSULE ONCE WEEKLY FOR LOW VITAMIN D.

fenofibrate micronized 134 mg capsule

Refills: 1 Qty: 90 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL

losartan 50 mg-hydrochlorothiazide 12.5 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY FOR HTN

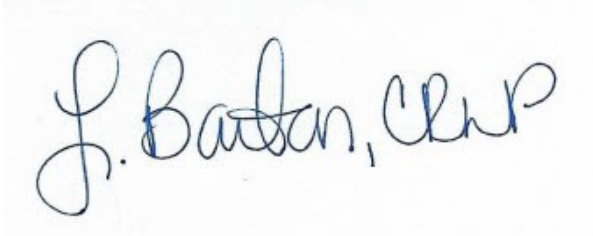
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Electronically signed by Lindsey Barton, CRNP on 09/14/23 10:29 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.