

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/22/25

PATIENT: HIGDON, LEON **DOB:** 03/20/1966 **Gender:** MALE **MRN:** 1048 **AGE:** 59 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Physical exam and refill on blood pressure medications.

HISTORY OF PRESENT ILLNESS: Patient is here for physical exam and blood pressure refill. He has no complaints but would like to get off of his fenofibrate.

VITALS: BP: 134/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 65; **Temp:** 97.1; **Resp:** 18; **Ht:** 70.5 in.; **Wt:** 211.4 lbs.; **BMI:** 29.9; **Pulse Oximetry:** 99%

ALLERGIES: Penicillins

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)
Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 CAPSULE ONCE WEEKLY FOR LOW VITAMIN D.)
fenofibrate micronized 134 mg capsule (TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL)
losartan 50 mg-hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY FOR HTN)

PAST MEDICAL HISTORY: Childhood asthma, allergies, HTN, HLD, RBB on EKG, pre-diabetes.

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Exercises regularly; Does not live alone; Married; Consumes alcohol. Frequency: weekly Type: beer

FAMILY HISTORY: Father with history of: HTN, and aortic aneurysm with emergency surgery

HEALTH MX HISTORY:

Cards- Dr. Crum- Echo December 2020, Nuclear Stress Test- Feb. 2021.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CBC With Differential/Platelet (1 unit(s)): LabCorp
Lipid Panel w/ LDL/HDL Ratio (1 unit(s)): LabCorp
Comp. Metabolic Panel (14) (1 unit(s)): LabCorp
PSA Total+% Free (1 unit(s)): LabCorp

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE

PLAN:

Patient is here for wellness screening and for refills on BP medications. He states that he checks his BP often and it is normally 120s over 80s. He would like to get off of fenofibrate. He states that he has been eating healthy and exercising. Will check lipid panel and let him know if this is possible.

losartan 50 mg-hydrochlorothiazide 12.5 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY FOR HTN

Electronically signed by Hayley Guthrie, CRNP on 10/22/25 9:32 AM