

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/01/22

PATIENT: HIGDON, LEON **DOB:** 03/20/1966 **Gender:** MALE **MRN:** 1048 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Medication Refill

HISTORY OF PRESENT ILLNESS: Mr. Higdon presents to the clinic for refills on his fenofibrate medication. He reports he has been out of the medication for almost one week. He denies any side effects to the medication. He recently had his BP medication refilled and takes this daily. His BP at home runs 101/75 normally. He has not been fasting today.

Patient has a history of Vitamin D deficiency.

VITALS: BP: 128/92 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 97.9; **Resp:** 16; **Ht:** 71 in.; **Wt:** 222.1 lbs.;
BMI: 30.97; **Pulse Oximetry:** 97%

ALLERGIES: Penicillins

MEDICATIONS:

diphenhydramine 25 mg capsule (2 capsules po every night prn)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule once weekly for low vitamin D.)
fenofibrate micronized 134 mg capsule (TAKE 1 CAPSULE (134 MG) BY ORAL ROUTE ONCE DAILY WITH FOOD AT NIGHT FOR HIGH CHOLESTEROL)
losartan 50 mg-hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY for HTN)

PAST MEDICAL HISTORY: Childhood asthma, allergies, HTN, HLD

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Exercises regularly; Does not live alone; Married; Consumes alcohol. Frequency: weekly Type: beer

FAMILY HISTORY: Father with history of: HTN---Does not take medication

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)
E55.9 - VITAMIN D DEFICIENCY, UNSPECIFIED
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
Z76.0 - Encounter for issue of repeat prescription

PLAN:

Patient will return to the clinic fasting tomorrow at 9:30 for lab draw. Patient will follow up in 3 months for recheck.

Electronically signed by Robin Blackwell, CRNP on 12/01/22 9:57 AM

Robin Blackwell CNP