

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/19/19

PATIENT: MCDOLE, PORTIA **DOB:** 10/25/1979 **Gender:** FEMALE **MRN:** 1049 **AGE:** 39 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: PAP

Symptoms: Pain at the bottom of stomach. Went to VA and was diagnosed with an ovarian cyst. However, OB/GYN at the VA did not see the cyst on the CAT scan.

Context: Last PAP was possibly in 2017.

Other: Takes an allergy pill and MVI

COMPLAINT 2: Skin peeling

Symptoms: Skin peeling around the external part of the mound and leg areas. States she sweats a lot and uses deodorant which may have caused the problem.

COMPLAINT 3: Sinusitis

Symptoms: Has chronic sinusitis and is having drainage.

VITALS: BP: 144/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 99.5; **Ht:** 67 in.; **Wt:** 196.9 lbs.; **BMI:** 30.83; **FDLMP:** 07/07/19

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall 20 mg tablet

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

PAST MEDICAL HISTORY: IBS-C, diverticulitis, ADHD, hiatal hernia, and chronic sinusitis. Planter fascitis. PTSD.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Does not exercise regularly; Does not use recreational drugs; Consumes alcohol. Frequency: Occasionally Does not live alone; Does wear a seat belt;

FAMILY HISTORY: Father with history of: Hypertension; Hyperlipidemia; Sister with history of: Diabetes; Maternal Grandmother with history of: Hypertension; Paternal Grandmother with history of: Stroke; Maternal Aunt with history of: Hypertension; Breast Cancer Maternal Uncle with history of: Colon Cancer,Lung Cancer, Heart Disease; High Cholesterol; Hypertension;

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: suprapubic pain

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/19/19

PATIENT: MCDOLE, PORTIA **DOB:** 10/25/1979 **Gender:** FEMALE **MRN:** 1049 **AGE:** 39 Years

GENITOURINARY: odor, excessive sweating

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: Tingling sensation bilateral nipples

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. Thyroid palpable without masses

CHEST: No skin retractions, no adenopathy, and no chest wall tenderness.

BREAST: Breasts Symmetric; Left breast has a tender, mobile mass approximately 8mm in size in the 4 o'clock region of the breast. Complains of tingling sensation bilateral nipples, No Nipple Discharge noted.

GENITOURINARY: Last Pap: 2017 History Abnormal Pap approximately 10yrs ago and last pap normal External Genitalia without Lesion; No pelvic mass on bimanual, tenderness in the suprapubic area during bimanual exam. Vaginal Mucosa Moist, sweaty odor noted upon assessment. KOH and Wet Prep microscopy negative.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.010

Blood: Negative

pH: 7

Protein: Negative

Urobilinogen: Positive

Nitrites: Negative

Leukocytes: Negative

GC AND CHLAMYDIA COLLECTION:

Urine collected.

ASSESSMENT:

Z12.72 - ECTR FOR SCREENING FOR MALIG NEOPLASM OF VAGINA (PRIMARY)

PLAN:

Patient will follow-up with VA and primary care to get referral for

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/19/19

PATIENT: MCDOLE, PORTIA **DOB:** 10/25/1979 **Gender:** FEMALE **MRN:** 1049 **AGE:** 39 Years

1. Transvaginal ultrasound for suprapubic pain
2. Ultrasound of Left Breast
3. Dermatology referral for hyperhidrosis

Patient advised to call center if primary care is not able to schedule the suggested referrals.

Advised patient that center will call about Pap results

Electronically signed by Carol Stewart, NP on 07/19/19 1:19 PM