

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/24/23

PATIENT: BARTON, LINDSEY **DOB:** 08/08/1982 **Gender:** FEMALE **MRN:** 1059 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus congestion

HISTORY OF PRESENT ILLNESS: Mrs. Barton presents to the clinic with complaints of sinus congestion with sinus pressure, headache and dry cough for 1 week.

VITALS: BP: 89/56 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 88; **Temp:** 98.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 129.6 lbs.;
BMI: 22.24; **Pulse Oximetry:** 98%

ALLERGIES: Rocephin (Generalized itching); Sulfamethoxazole-Trimethoprim (Anaphylaxis)

MEDICATIONS:

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY)
Mounjaro 2.5 mg/0.5 mL subcutaneous pen injector (once weekly)
Pepcid 20 mg tablet (BID)
cabergoline 0.5 mg tablet (1/2 tab weekly)

PAST MEDICAL HISTORY: Prolactinoma, 3 pregnancies-vaginal births

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Lives off campus, NP at Warhawk Services. Denies ETOH, illicit drug, tobacco abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary sinus tenderness., Frontal tenderness noted. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

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RESULTS:

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J01.10 - Acute frontal sinusitis, unspecified (PRIMARY)
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19
R05.9 - Cough, unspecified

PLAN:

Take Rx's as directed. Follow up as needed.

Cipro 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Robin Blackwell, CRNP on 01/24/23 10:39 AM

Robin Blackwell CNP