

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/07/23

PATIENT: BARTON, LINDSEY **DOB:** 08/08/1982 **Gender:** FEMALE **MRN:** 1059 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left arm numbness

HISTORY OF PRESENT ILLNESS: History of herniated disc in neck. Started having pain under left shoulder blade after falling on an aqua park June 1st. Pain radiates down left forearm and into left 4th and 5th fingers. Has been going to PT for 2 weeks and pain is getting better. On Wednesday, the PT had her do some stretches and now she is having numbness in her left hand that is relieved when she positions her neck a certain way.

VITALS: BP: 86/57 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 97.5; **Resp:** 16; **Ht:** 63 in.; **Wt:** 120 lbs.;
BMI: 21.25; **Pulse Oximetry:** 97%

ALLERGIES: Rocephin (Generalized itching); Sulfamethoxazole-Trimethoprim (Anaphylaxis)

MEDICATIONS:

Cipro 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS)
Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY)
Macrobid 100 mg capsule (TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD)
Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)
Mounjaro 2.5 mg/0.5 mL subcutaneous pen injector (once weekly)
Pepcid 20 mg tablet (BID)
cabergoline 0.5 mg tablet (1/2 tab weekly)
fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE. MAY REPEAT IN 72 HOURS IF SYMPTOMS PERSIST.)
ofloxacin 0.3 % eye drops (INSTILL 1-2 DROP(S) INTO RIGHT EYE EVERY 2-4 HOURS FOR 2 DAYS, THEN 1-2 DROPS FOUR TIMES DAILY FOR 5 DAYS)

PAST MEDICAL HISTORY: Prolactinoma, 3 pregnancies-vaginal births, GERD, migraines

PAST SURGICAL HISTORY: uterine ablation Feb. 2023. EGD- August 2021.

SOCIAL HISTORY: Lives off campus, NP at Warhawk Services. Denies ETOH, illicit drug, tobacco abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Toradol 60 MG (1 unit(s)): Injection

RESULTS:

Toradol 60 MG :
Site Given: Right Ventral Gluteal
Dosage Given: 60 milligram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal

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Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

M50.90 - CERVICAL DISC DISORDER UNSP USP CERVICAL REGION (PRIMARY)
M54.12 - Radiculopathy, cervical region

PLAN:

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Robin Blackwell, CRNP on 07/11/23 9:38 AM

Robin Blackwell CNP