

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/22/20

PATIENT: TANAYA, TARUSHI **DOB:** 06/19/1997 **Gender:** **MRN:** 1067 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: PE for UAB Med School

HISTORY OF PRESENT ILLNESS: Mrs. Tanaya is a 23 yo female with a PMH of PCOS on Trisprintec who is here today for a PE for Med school at UAB. She denies any complaints today. Her last menses is current. Her last pap smear was in January 2020 and was reportedly normal.

VITALS: BP: 102/63 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 98.2; **Resp:** 14; **Ht:** 61.3 in.; **Wt:** 149.7 lbs.; **BMI:** 28; **FDLMP:** 06/22/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tri-Previfem (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet (Take as directed)

PAST MEDICAL HISTORY: PCOS

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: Does not live alone; Single; Does not exercise regularly; Does not use tobacco; Does not use recreational drugs; Does not use alcohol;

FAMILY HISTORY: Mother with history of: HTN and PVCs; Father with history of: HTN, Diabetes

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: All negative for discharge or mass.

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PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.015

Blood: Positive

pH: 7

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Positive

GC AND CHLAMYDIA COLLECTION:

Urine collected.

ASSESSMENT:

Z00.00 - ENCNTN FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

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E28.2 - Polycystic ovarian syndrome

PLAN:

Follow up PRN

F/U with STD screening labs and notify patient of results.

Electronically signed by Lindsey Barton, CRNP on 06/23/20 8:41 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.