

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/12/19

PATIENT: BROWN, RASHARD **DOB:** 10/15/1984 **Gender:** MALE **MRN:** 1076 **AGE:** 34 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sinus congestion

Symptoms: Patient reports ear ache--L.R, sinus congestion, sore throat. Denies fever, chills, night sweats.

Duration: 2-3 days

ModFact: Not Improved with Medication --dayquil

VITALS: BP: 158/92 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 98.8; **Resp:** 14

ALLERGIES: amoxicillin ((Urticaria NOS) or (hives))

PAST MEDICAL HISTORY: allergic rhinitis Hay Fever/Allergies Sinusitis

PAST SURGICAL HISTORY: Knee Surgery--Left ACL repair; Tonsillectomy;

SOCIAL HISTORY: Does not exercise regularly; Married; Does not live alone; Does not use recreational drugs; Does not use tobacco; Consumes alcohol. Frequency: once per week. Type: beer

FAMILY HISTORY: Father with history of:diabetes, HTN, Mother with history of: HTN; Maternal Aunt with history of breast cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: cough, congestion, sinus pain, earache, sore throat, Rhinorrhea,

RESPIRATORY: Patient is positive for: Cough, Wheeze, Patient denies: SOB,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Left Maxillary Sinus Tenderness; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: Both TMs red; Both TM reflections dull; TMs intact; Pinna Normal; Hearing Normal; External Auditory Canal clear;

NOSE: Septum without Deviation; No Septal Perforation; Purulent rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left; Right Maxillary Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

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PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: Take as directed

Tessalon Perles 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

budesonide 32 mcg/actuation nasal spray

Refills: 2 Qty: 1 BOTTLE(S)

Instructions: 2 sprays per nostril twice daily

AUM Instruction Sheet Handout

RTC for worsening or unresolving symptoms

Electronically signed by Melodye Harvey, CRNP on 08/12/19 2:42 PM