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Lic. #1-045437
Rx: 1178

AUBURN MONTGOMERY
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Ramona Lazenby, C.R.N.P.
Lic. #1-039092
Rx: 0703

Darlene Pierce, C.R.N.P.
Lic. #1-134315
RX: 3692

Maryluz Fuentes, M.D.
(334) 286-3444
DEA #BF 6451520
AL #24127

Name Anna Watson

Date 6/21/17

Address _____

R

Aralen 400mg 500mg

Disp: 7

Sig: Take one pill every 7 days. Begin 2 wks before departure, continue through stay and for four weeks after return.

Product Selection Permitted

M.D. or C.R.N.P.

Label all prescriptions

Refill: 1 2 3 5 PRN NR

Dispense As Written

M.D. or C.R.N.P.

can live indoors and will bite during the day.

- » Buy a bed net at your local outdoor store or online before traveling overseas.
- » Choose a WHOPEs-approved bed net (like Pramax[®]): compact, white, rectangular, with 156 holes per square inch, and long enough to tuck under the mattress.
- » Permethrin-treated bed nets provide more protection than untreated nets.
 - Permethrin is an insecticide that kills mosquitoes and other insects.
 - Do not wash bed nets or expose them to sunlight. This will break down the insecticide more quickly.
- » For more information on bed nets: www.cdc.gov/malaria/malaria_worldwide/reduction/itn.html

Cover up!

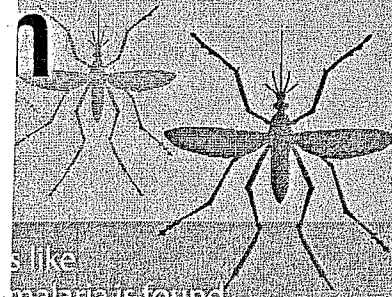
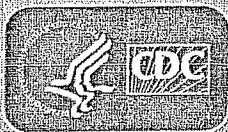
- Wear long-sleeved shirts and long pants.
- Mosquitoes may bite through thin clothing. Treat clothes with permethrin or another Environmental Protection Agency (EPA)-registered insecticide for extra protection.

Use only an EPA-registered insect repellent

- Consider bringing insect repellent with you.
- Always follow the product label instructions.
- Reapply insect repellent every few hours.
 - » Do not spray repellent on the skin under clothing.
 - » If you are also using sunscreen, apply sunscreen first and insect repellent second.
- For more information: www2.epa.gov/insect-repellents

Natural insect repellents not registered with EPA

- In the United States, the EPA has not evaluated for effectiveness most of the commonly known natural insect repellents.
 - » Examples of ingredients used in unregistered insect repellents include: citronella oil, cedar oil, geranium oil, peppermint and peppermint oil, pure oil of lemon eucalyptus, soybean oil.
 - » CDC recommends that you use an insect repellent containing an active ingredient shown to be both safe and effective.



...s like
malaria is found,
...y be available.

...s how:

Mosquitoes

