

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/14/19

PATIENT: STEWART, SAVANNAH **DOB:** 06/29/1990 **Gender:** FEMALE **MRN:** 1082 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: C/O onset of headache this morning. Prior to onset, has numbness in right arm, from finger tips to shoulder, then right side of face. States she has similar symptoms prior to onset of migraines. Has been evaluated in the past with CT scan. Was told all was negative and diagnosed with migraines with aura. Also , vomited once this morning.....now feels much better. Took Aleve to help manage the h/a with almost complete resolution.

VITALS: BP: 118/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 98.8; **FDLMP:** 07/23/19

PAST MEDICAL HISTORY: Headaches (migraine).

SOCIAL HISTORY: Does not use alcohol; There are no environmental risks involved at my home/job. Has Not been exposed to someone with TB. Has Not had excessive exposure to the sun. Does not exercise regularly; Does not use recreational drugs; Does not use tobacco;

FAMILY HISTORY:

Mother None

Father HTN

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue,

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

Patient is positive for: Photophobia,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

NEUROLOGIC: All negative for difficulty with vision, numbness in hands and feet, hot flashes, and night sweats. Patient is positive for: Headache,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

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MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ASSESSMENT:

G43.109 - Migraine with aura, not intractable, without status migrainosus (PRIMARY)

PLAN:

Rest in a quiet, dark room as needed.

Discussed the need for a neurological consult for evaluation of migraines.

Discuss the use of triptans with OB/GYN (actively trying to conceive)

If h/a returns, RTC

Electronically signed by Carol Stewart, NP on 08/14/19 3:56 PM