

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/14/19

PATIENT: DOCKERY, CARLA **DOB:** 03/10/1973 **Gender:** **MRN:** 1086 **AGE:** 46 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Began feeling nauseated yesterday. Today headache, BP elevated, feeling fatigued and malaise. Has a history of migraines. Also c/o photo-sensitivity. Denies other symptoms.

VITALS: BP: 145/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 98.4; **FDLMP:** 08/13/19

PAST MEDICAL HISTORY: Headaches (migraine).

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Malaise, Fatigue, Nausea,

ENMT: Patient denies:

HEENT: Patient is positive for: Photophobia,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: PERRLA; Eye Lid Normal; Visual Fields Normal; photo sensitivity present.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

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PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

G43.909 - Migraine, unspecified, not intractable, without status migrainosus (PRIMARY)

PLAN:

Maxalt 10 mg now. May repeat in 2 hours if migraine not resolves or returns.

Go home and lie down in darkroom.

If h/a not resolving or becoming worse, RTC or go to the ER for continued evaluation.

Electronically signed by Carol Stewart, NP on 08/14/19 11:21 AM