

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/28/20

PATIENT: DOCKERY, CARLA **DOB:** 03/10/1973 **Gender:** **MRN:** 1086 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash

HISTORY OF PRESENT ILLNESS: Ms. Dockery presents today for a visit regarding bumps/rash that she noticed yesterday. She reports that she just came back from vacation and is unsure if it is bed bugs. She reports that the bumps are itchy and hurt. She has not tried any ointment etc. Rash is located to her posterior neck and both her arms. She reports she slept on her friend's bed when she was visiting.

VITALS: BP: 151/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 98.1; **Resp:** 16; **Ht:** 66.3 in.; **Wt:** 223.4 lbs.; **BMI:** 35.73; **Pulse Oximetry:** 98%; **FDLMP:** 11/28/20

ALLERGIES: Fioricet; Sulfa (Sulfonamide Antibiotics); Topamax

MEDICATIONS:

Allegra Allergy 180 mg tablet
amlodipine 5 mg tablet

PAST MEDICAL HISTORY: Hypertension

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking or drug use

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions noted. Rash- scattered papular, erythematous lesions to posterior neck and bilateral forearms.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Decadron 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

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RESULTS:

Decadron 4mg/ml:

Site Given: Right Gluteus Maximus

Dosage Given: 1 unit(s)

Administered By: Havard, Jyssica - MA

Depo-Medrol 40mg/ml:

Site Given: Right Gluteus Maximus

Dosage Given: 1 unit(s)

Administered By: Havard, Jyssica - MA

ASSESSMENT:

W57.XXXA - BIT/STUNG BY NVENOM INSECT&OTH NVENOM ARTHPD INI (PRIMARY)

PLAN:

Treat for bed bugs.

Wash bedsheets and clothes in hot water.

Call bug man to come out and treat mattress where she sleeps.

She was notified is contagious with close contacts such as her spouse.

Recommended benadryl at night for itching.

Allegra during the day.

Rx for triamcinolone cream and given steroid shot in office to help with itching.

She was reassured symptoms resolve on their own in 7-10 days.

PLAN:

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 15 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER day as needed for rash

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 15 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY AS NEEDED FOR RASH

Electronically signed by Lindsey Barton, CRNP on 09/28/20 5:05 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.