

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/05/20

PATIENT: TANG, ANRAN **DOB:** 11/04/1998 **Gender:** **MRN:** 1088 **AGE:** 21 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nasal Congestion

Symptoms: Nasal congestion for about a month. No fever or cough. Not able to breath through his nose at all. No HA. Believes he has rhinitis.

VITALS: BP: 96/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 56; **Temp:** 97.2

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: allergic rhinitis

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: Does not live alone; Single; Does not use recreational drugs; Does not use tobacco; Consumes alcohol. Frequency: twice monthly Type: beer; Does not exercise regularly;

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: congestion, sore throat; Patient denies: cough, earache,

RESPIRATORY: Patient denies: Cough, SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Clear rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left; Sinus nontender;

THROAT: Posterior Nasal Drainage; mildly erythematous with cobblestoning No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ASSESSMENT:

J30.9 - Allergic rhinitis, unspecified (PRIMARY)

PLAN:

fluticasone propionate 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 BOTTLE(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE DAILY

Xyzal 5 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

AUM Instruction Sheet Handout

Follow up PRN or if condition worsens or does not resolve

Excuse

Electronically signed by Melodye Harvey, CRNP on 02/05/20 2:24 PM