

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/05/24

PATIENT: REYNOLDS, TAMEKIA **DOB:** 10/04/1983 **Gender:** FEMALE **MRN:** 1102 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right eye swelling and drainage

HISTORY OF PRESENT ILLNESS: Ms. Reynolds is a 40 yo female here today for right eye swelling, drainage upon wakening, and light sensitivity since yesterday. She wears contacts and reports this happens about once a year this time of year. She has had some allergy symptoms as well and has recently started taking zyrtec.

VITALS: BP: 128/84 **Pulse:** 88; **Temp:** 97.7; **Resp:** 16; **Ht:** 65 in.; **Wt:** 201.5 lbs.; **BMI:** 33.53; **Pulse Oximetry:** 97%

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

Mirena 21 mcg/24 hours (8 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: sinusitis

PAST SURGICAL HISTORY: none

SOCIAL HISTORY: Works on campus in the police department. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: None identified

HEALTH MX HISTORY:

Mirena IUD, pap smear- November 2021- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- Left sclera white, Left conjunctiva pink, Right eye sclera and conjunctiva are erythematous. Mild Soft tissue swelling to both upper and lower eyelids of right eye. EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H10.31 - Unspecified acute conjunctivitis, right eye (PRIMARY)

PLAN:

Rx as per below. Recommended hand washing to prevent spread. Discard contacts and wear glasses for the next 1 week. Change out eye make up. Continue otc zyrtec for allergy symptoms. She verbalized understanding. Follow up as needed.

gentamicin 0.3 % eye drops

Refills: 0 Qty: 5 ML(S)

Instructions: INSTILL 1 DROP INTO AFFECTED EYE(S) BY OPHTHALMIC ROUTE EVERY 4 HOURS for 7 days.

Electronically signed by Lindsey Barton, CRNP on 03/05/24 10:40 AM

L Barton, CRNP