

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/12/22

PATIENT: REYNOLDS, TAMEKIA **DOB:** 10/04/1983 **Gender:** FEMALE **MRN:** 1102 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus drainage, sore throat

HISTORY OF PRESENT ILLNESS: Ms. Reynolds is a 39 yo female here today for sore throat, runny nose, congestion, and cough for the past 4-5 days. She denies fever. She has a history of sinusitis during seasonal changes.

VITALS: BP: 144/97 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 97.4; **Resp:** 16; **Ht:** 65 in.; **Wt:** 187 lbs.;
BMI: 31.11; **Pulse Oximetry:** 99%

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

Mirena 20 mcg/24 hours (8 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: sinusitis

PAST SURGICAL HISTORY: none

SOCIAL HISTORY: Works on campus in the police department. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: None identified

HEALTH MX HISTORY:

Mirena IUD, pap smear- November 2021- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + frontal sinus tenderness but no maxillary tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

PLAN:

Follow up as needed.

Diflucan 150 mg tablet
Refills: 0 Qty: 2 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; MAY REPEAT DOSE IN 72 HRS IF NEEDED.

ciprofloxacin 500 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

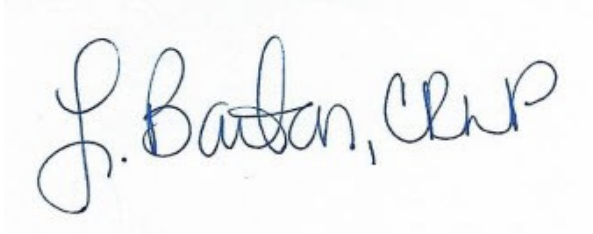
Electronically signed by Lindsey Barton, CRNP on 10/12/22 11:14 AM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".