

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/19/23

PATIENT: REYNOLDS, TAMEKIA **DOB:** 10/04/1983 **Gender:** FEMALE **MRN:** 1102 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bug bites to both legs.

HISTORY OF PRESENT ILLNESS: Ms. Reynolds is a 40 yo female here today for bug bites to both her legs since last week. She states they are red, tender, and hard underneath. She is not sure what she got in too while she was outside, but she thought it was mosquito bites. She states something very similar happened around thanksgiving last year, but it was worse then. She had fever and watery eyes too. She responded to steroids, zyrtec, and pepcid then. She started taking zyrtec yesterday and this morning and states she applied a steroid cream today.

VITALS: BP: 145/85 **Pulse:** 91; **Temp:** 99.2; **Resp:** 16; **Ht:** 65 in.; **Wt:** 189.1 lbs.; **BMI:** 31.46; **Pulse Oximetry:** 99%; **FDLMP:** 10/05/23

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

Mirena 21 mcg/24 hours (8 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: sinusitis

PAST SURGICAL HISTORY: none

SOCIAL HISTORY: Works on campus in the police department. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: None identified

HEALTH MX HISTORY:

Mirena IUD, pap smear- November 2021- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. 2-3 Erythematous, round, subcutaneous nodules with surrounding warmth on bilateral lower extremities that are tender to palpation.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/19/23

PATIENT: REYNOLDS, TAMEKIA **DOB:** 10/04/1983 **Gender:** FEMALE **MRN:** 1102 **AGE:** 40 Years

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

Z91.038 - Other insect allergy status (PRIMARY).

PLAN:

Given steroid shot in office. Recommended continue zyrtec otc daily, steroid cream 2-3 times a day. Follow up if no improvement or worsening symptoms. She verbalized understanding. Given urgent care precautions if needed over weekend.

Electronically signed by Lindsey Barton, CRNP on 10/19/23 11:32 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.