

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/20/19

PATIENT: WATTS, RYAN **DOB:** 07/27/1998 **Gender:** **MRN:** 1106 **AGE:** 21 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: States he has had symptoms since last weekend of a cold. Sore throat, congestion and now developing a cough. (R) ear is full and he is unable to hear.

VITALS: BP: 120/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 98.5; **Ht:** 73 in.; **Wt:** 188.5 lbs.; **BMI:** 24.86

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Asthma

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Exercises regularly; Does not use alcohol;

FAMILY HISTORY: No information provided

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: congestion, cough, earache, sore throat, Hearing Loss,

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: Patient is positive for: Sputum (yellow)

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM intact and reflect NL on left; TM intact on right with redness and fluid noted. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus

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nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, slight right anterior cervical lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

H65.01 - Acute serous otitis media, right ear (PRIMARY)

PLAN:

prednisone 20 mg tablet

Refills: 0 Qty: 18 TABLET(S)

Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE three timesDAILY for 3 days, then 2 times daily for 3 days then once daily for 3 days

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

If symptoms not resolving or becoming worse, go the ER for continued evaluation.

Electronically signed by Carol Stewart, NP on 11/20/19 3:22 PM