

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/03/19

PATIENT: JAMES, SHAMILLE **DOB:** 10/08/1996 **Gender:** MALE **MRN:** 1111 **AGE:** 23 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI with nausea

Symptoms: Started getting sick 2-3 weeks ago. States it began as a cold and now is unable to eat due to nausea. +night sweats. Reports around a 20lb weight loss over a 2-3 week time frame. States he is not coughing very much. Denies vomiting and diarrhea. Reports nausea.

Patient reports weighing himself about 3 weeks ago at his grandmother's house and his weight was 230 pounds. Since that time he reports stomach pain and nausea on and off x 2-3 weeks. Patient reports lower abdominal pain.

Patient reports last BM was this morning with difficulty.

Severity: 8/10 pain Recurrent--resting makes it better, eating makes it worse.

Duration: 2-3 weeks

ModFact: Tried Robitussin, Tylenol and Aleve.

Other: Patient reports sexual activity with consistent condom use.

Patient reports being tested in Tuskegee for STIs today. Will know results on Tuesday.

Patient reports that he has been a vegetarian x 2 years. He reports eating legumes at times and drinking protein shakes. He does not consume protein daily.

VITALS: BP: 137/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 54; **Temp:** 98.6; **Ht:** 68 in.; **Wt:** 207.1 lbs.; **BMI:** 31.48

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Headache

PAST SURGICAL HISTORY: T & A during childhood

SOCIAL HISTORY: Does not live alone; Single; Does not use recreational drugs; Does not use tobacco; Does not use alcohol; Does not exercise regularly;

FAMILY HISTORY: Mother with history of: HTN

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills, vomiting; Patient is positive for: Nausea,

ENMT: Patient is positive for: runny nose, congestion, Patient denies: cough, sore throat, earache,

RESPIRATORY: Patient denies: Cough, SOB, Wheeze,

GASTROINTESTINAL: Patient is positive for: abdominal pain, appetite loss, Patient denies: diarrhea,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

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EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left;

THROAT: Throat clear; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric;

GASTROINTESTINAL: Overweight Generalized Abdominal Tenderness; No Organomegaly; No Rebound Rigidity or Guarding; Bowel Sounds Symmetric x4--hyperactive; No obvious ascites or visible abnormalities;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab
HIV (1 unit(s)): In-House Lab (DELETED)
VDRL (1 unit(s)): In-House Lab (DELETED)

RESULTS:

UA:
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Negative
pH: 7
Protein: Positive
Urobilinogen: Positive
Nitrites: Negative
Leukocytes: Negative

GC AND CHLAMYDIA COLLECTION:
Urine collected

ASSESSMENT:

R10.9 - UNSPECIFIED ABDOMINAL PAIN (PRIMARY)
R63.4 - ABNORMAL WEIGHT LOSS
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

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PLAN:

cetirizine 10 mg tablet

Refills: 2 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

ondansetron 4 mg disintegrating tablet

Refills: 0 Qty: 10 TABLET(S)

Instructions: TAKE 1-2 TABLETS (8 MG) AND PLACE ON TOP OF THE TONGUE WHERE THEY WILL DISSOLVE, REPEAT EVERY 8 HOURS PRN

CBC with diff, CMP, TSH with reflex, UA, GC/Chlamydia, Hgb A1C

Will notify patient of any abnormal lab results.

KUB--Will notify patient of results when available.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 12/03/19 4:49 PM