

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/13/20

PATIENT: SHEPHERD, BRITTANY **DOB:** 12/22/1987 **Gender:** **MRN:** 1117 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: BP follow up with CRNP
Symptoms: Patient reports continued elevated BP.

8/13/2020-141/93,141/95

8/12/2020--140/96

8/11/2020--141/87

8/10/2020--158/101

Patient reports decreased frequency of headaches. Denies chest pain or shortness of breath. Patient reports reports feeling much better now than before taking medication.

BP with person wrist cuff in office was 153/100.

VITALS: BP: 133/93 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 97.9; **Resp:** 14; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amlodipine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
amlodipine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY)
cetirizine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY. TAKE IN THE EVENING)
hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET (12.5 MG) BY ORAL ROUTE ONCE DAILY)
hydrochlorothiazide 25 mg tablet (1 tablet po daily in the morning)
levothyroxine 175 mcg tablet
lisinopril 40 mg tablet
meclizine 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED)
prednisone 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: HTN and hypothyroidism

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Female, heterosexual who does not exercise on a regular basis. Does not use tobacco products. Has had no recent declines in ADLs, mobility or function. Lives with others..

FAMILY HISTORY: Mother and father both have history of HTN

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)

PLAN:

Continue with current treatment plan.

Obtain new BP cuff and continue to monitor and record BP. Report any high readings.

Diet management.

Follow up in 2 weeks OR sooner if needed.

Electronically signed by Melodye Harvey, CRNP on 08/13/20 11:49 AM