

Video Chat Summary

from: Melodye Harvey, CRNP

to: Auburn Montgomery Student Health Services

date: Aug 06, 2020, 01:24 PM EDT

Video Chat Summary

Chat Start Date: Thu 08/06/20 11:26:31 AM

Chat Duration: 00:09:18

Initiator: Melodye Harvey, CRNP

Recipient: Brittany Shepherd

Sent to Inbox by: Melodye Harvey, CRNP

Patient gives verbal permission for telehealth visit.

CHIEF COMPLAINT: Follow up with CRNP.

Symptoms: Patient reports that her BP was doing well at first but she started noticing slightly higher numbers in the last few days.

8/1/2020--120/80

8/2/2020--122/81

8/3/2020--150/105--after medication

8/4/2020-138/90

8/5/2020--145/90

8/6/2020-140/90

Patient report making a conscious effort to eat better. She also reports drinking plenty of water and getting adequate sleep. Denies exercising. Denies headache, chest pain or pressure.

Patient reports taking 1 tablet of amlodipine and 2 tablets of HCTZ.

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY:

FAMILY HISTORY: Denies changes.

MEDICATION HISTORY: Amlodipine 10 mg po daily; HCTZ 25 mg po daily;
Levothyroxine 175 mcg 1 po daily

REVIEW OF SYSTEMS: See HPI

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished~ NAD~ Appears Consistent with Age~

HEENT: Normocephalic~

RESPIRATORY: No apparent distress noted.

NEUROLOGIC: No Focal Deficit~

PSYCHIATRIC: Mood and Affect

Appropriate~ Alert and Oriented x3~

ASSESSMENT:

I10--Essential Hypertension

PLAN:

Continue to monitor BP and record. Report readings at next appointment.

Advised patient that she should be taking 10 mg of amlodipine (2-5 mg tablets) & 25 mg of HCTZ (2-12.5 mg tablets).

Attempt to increase physical activity--walking.

Continue with BP medications as prescribed.

Assess BP medications that parents are taking and report to provider.

Will consider adding another BP medication at next visit depending on readings.

Follow up in 1 week.

A handwritten signature in black ink that reads "Melody M. Hays, CRNP". The signature is written in a cursive style with a large, stylized 'M' and 'H'.

8/6/2020, 12:55:49 PM