

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/11/23

PATIENT: BREWER, JERIMIAH **DOB:** 12/07/1987 **Gender:** MALE **MRN:** 1118 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat

HISTORY OF PRESENT ILLNESS: Mr. Brewer presents to the clinic with complaints of sore throat, sinus drainage, PND, body aches and chills since yesterday. He denies fever or SOB.

VITALS: BP: 130/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 105; **Temp:** 98.5; **Resp:** 17; **Ht:** 70 in.; **Wt:** 204.5 lbs.; **BMI:** 29.34; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

pravastatin 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE once daily at bedtime- Follow up in 3 months for fasting labs.)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Spouse works on campus. Drinks alcohol weekly. Denies smoking or illicit drug use.

FAMILY HISTORY: Mom- HLD, Father- HLD, throat and lung CA, died of MI age 55.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
Dexamethasone 4mg/ml (2 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 8 milligram(s)
Administered By: Blackwell, Robin - CRNP

ASSESSMENT:

J00 - ACUTE NASOPHARYNGITIS [COMMON COLD] (PRIMARY)
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R52 - PAIN, UNSPECIFIED
R09.82 - POSTNASAL DRIP

PLAN:

Follow up if symptoms worsen or do not improve.

Electronically signed by Robin Blackwell, CRNP on 01/11/23 10:42 AM

Robin Blackwell CNP