

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/03/24

PATIENT: BREWER, JERIMIAH **DOB:** 12/07/1987 **Gender:** MALE **MRN:** 1118 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: itchy rash to body since Thursday with no known cause.

HISTORY OF PRESENT ILLNESS: Mr. Brewer is a 36 yo male here today for rash that started on Thursday to both his elbows and knees. Since then has spread to his arms, legs, back, chest, and abdomen. He states it itches. He reports changing from Gain pods to liquid laundry detergent and he did recently buy a new scent in the same brand of soap he had been using. He is not sure if one of these things is the cause but no one else in his family has any issues. He denies sob, difficulty swallowing, or tongue swelling.

VITALS: BP: 133/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73; **Temp:** 98.2; **Resp:** 16; **Ht:** 70 in.; **Wt:** 196 lbs.;
BMI: 28.12; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Spouse works on campus. Drinks alcohol weekly. Denies smoking or illicit drug use.

FAMILY HISTORY: Mom- HLD, Father- HLD, throat and lung CA, died of MI age 55.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Erythematous, maculopapular rash to bilateral arms, legs, abdomen, chest, and back that blanches when touched.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

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Dexamethasone 4mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

L50.9 - URTICARIA, UNSPECIFIED (PRIMARY)

PLAN:

Stop new body soap. Given steroid shot in office. Start medrol dose pack tomorrow as directed. Benadryl 1-2 tabs PO at night and pepcid otc BID for the next 7-10 days. If rash reoccurs, then we discussed he may need a referral to an allergist. He verbalized understanding.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Lindsey Barton, CRNP on 06/03/24 3:12 PM

L. Barton, DNP, CRNP