

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/21/22

PATIENT: BREWER, JERIMIAH **DOB:** 12/07/1987 **Gender:** MALE **MRN:** 1118 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: HLD on Healthy Tigers Screening

HISTORY OF PRESENT ILLNESS: Has been flagged by HT screening since 2020 for HLD. His PCP is Dr. Graves. He sees him once a year. He had it rechecked by their office last year and was told to work on diet and exercise. His father died of MI at the age of 55.

VITALS: BP: 126/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 96.7; **Resp:** 16; **Ht:** 70 in.; **Wt:** 208.7 lbs.;
BMI: 29.94; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Spouse works on campus. Drinks alcohol weekly. Denies smoking or illicit drug use.

FAMILY HISTORY: Mom- HLD, Father- HLD, throat and lung CA, died of MI age 55.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E78.5 - Hyperlipidemia, unspecified (PRIMARY).

PLAN:

He is fasting today. He was not fasting for his HT screening. We discussed genetics playing a role in his HLD. His father died at early age of MI. Continue with diet, exercise, and weight loss. Follow up with labs and further orders pending results.

Electronically signed by Lindsey Barton, CRNP on 10/21/22 9:16 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive at the end.