

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/27/20

PATIENT: HURDLE, ANTHONY **DOB:** 01/18/1990 **Gender:** **MRN:** 1121 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Pt here to follow-up with CRNP.

Symptoms: Patient reports that she has not started fluoxetine OR buspar yet due to continued alcohol consumption.

Patient reports that her anxiety is better. Thinks that she was going through a rough time in his life.

Patient reports that she is sleeping fair.

Denies going to counseling.

Other: Denies thoughts of suicide OR homicide.

COMPLAINT 2: Skin problems

Symptoms: Patient reports dry skin and bumps on her face from shaving. She reports bumps that are itchy and the skin becomes dark. Requests a referral to dermatology.

COMPLAINT 3: Referral to Endocrinology

Symptoms: Patient reports that she is ready to start the transition from male to female and requests referral to endocrinology.

VITALS: BP: 144/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Ht:** 71 in.; **Wt:** 190 lbs.; **BMI:** 26.49

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

buspirone 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE DAILY)

fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

ranitidine 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE 2 TIMES PER DAY AS NEEDED)

trazodone 50 mg tablet (TAKE 1/2-1 TABLET (25-50 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)

PAST MEDICAL HISTORY: Anxiety;

PAST SURGICAL HISTORY: Knee Surgery--left--2012

SOCIAL HISTORY: Exercises regularly; Does not live alone; Single; Does not use recreational drugs; Does smoke For _5_ years. Cigars--2 per day Consumes alcohol. Frequency: daily. Type:wine; Sexual orientation--Gay; Gender fluent; prefers, she/her/hers/OR he; Sexually active with 1 male partner in the last year

FAMILY HISTORY: Mother with history of: anxiety, depression, sarcoidosis; Father with history of: High Cholesterol; High Blood Pressure; diabetes; Sister with history of: HTN; Maternal Grandmother with history of: HTN; Paternal Grandmother with history of: HTN

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White;

DERMATOLOGIC: Skin Temperature: Warm Dry; mildly dry skin noted to bilateral arms; mild folliculitis noted to face and chin

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/27/20

PATIENT: HURDLE, ANTHONY **DOB:** 01/18/1990 **Gender:** **MRN:** 1121 **AGE:** 30 Years

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

F64.0 - TRANSSEXUALISM (PRIMARY)
F41.9 - ANXIETY DISORDER, UNSPECIFIED
F33.1 - MAJOR DEPRESSIVE DISORDER, RECURRENT, MODERATE
L73.9 - FOLLICULAR DISORDER, UNSPECIFIED

PLAN:

hydrocortisone 2.5 % topical ointment
Refills: 1 Qty: 30 GRAM(S)
Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

mupirocin 2 % topical ointment
Refills: 0 Qty: 22 GRAM(S)
Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY

Start fluoxetine and buspar as prescribed.

Avoid/discontinue alcohol consumption.

Referral to RRP--to assist with anxiety and depression related to gender transition.

Referral to Endocrinology

Referral to Dermatology

CBC with diff, CMP, TSH with reflex, Vitamin D

Will notify patient of any abnormal lab results.

RTC 2 weeks for recheck

Electronically signed by Melodye Harvey, CRNP on 01/27/20 4:26 PM