

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/13/19

PATIENT: HURDLE, ANTHONY **DOB:** 01/18/1990 **Gender:** **MRN:** 1121 **AGE:** 29 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Anxiety

Symptoms: Has history of anxiety. Does not feel depressed. Unable to focus. Unable to sleep. Difficulty with concentrating. Having panic attacks. Works, getting married and transitioning.

Patient reports that he was molested from age 7-14. Patient reports being very feminine growing up and during his adult life and was bullied in school (middle and high school) and on jobs.

Patient reports that the fiancé is a high functioning autistic person and he is dealing with emotional issues with his fiancé.

Patient reports having some relationship issues with his fiancé. He reports dressing up and looking more feminine but recently stopped and his fiancé is not very understanding of this change. Patient reports his fiancé making negative comments "you look like a hard core man" and patient reminds him that he is a man. Patient reports this is a 3 year relationship and his fiancé understood this in the beginning but is not very understanding at this time. Patient reports that it is very difficult to work 60+ hours per week and maintain dressing up and applying make-up daily. He reports that his fiancé does not drive so he has to do everything, take care of errands, and take care of the household. He reports feeling overwhelmed with his relationship and work.

Patient reports that his appetite is not good (eats maybe once or twice a day). Patient reports that he is having difficulty sleeping also.

Other: Denies suicidal or homicidal thoughts.

VITALS: BP: 156/101 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96 **BP2:** 147/97 **Site2:** LEFT ARM **Position2:** SITTING **Pulse2:** 80; **Temp:** 98.7; **Ht:** 72 in.; **Wt:** 189.8 lbs.; **BMI:** 25.74

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Anxiety;

PAST SURGICAL HISTORY: Knee Surgery--left--2012

SOCIAL HISTORY: Exercises regularly; Does not live alone; Single; Does not use recreational drugs; Does smoke For 5 years. Cigars--2 per day Consumes alcohol. Frequency: 1-2 times per week. Type:wine; Sexual orientation--Gay; Gender fluent; prefers, she/her/hers/OR he; Sexually active with 1 male partner in the last year

FAMILY HISTORY: Mother with history of: anxiety, depression, sarcoidosis; Father with history of: High Cholesterol; High Blood Pressure; diabetes; Sister with history of: HTN; Maternal Grandmother with history of: HTN; Paternal Grandmother with history of: HTN

REVIEW OF SYSTEMS:

GASTROINTESTINAL: Patient is positive for: heartburn--patient reports eating Indian food frequently.

Unmatched Header:PSYCHIATRIC: SEE HPI

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

NEUROLOGIC: No Focal Deficit;

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PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3; HAM-A Score: PHQ9 Score: Mood Assessment:

ASSESSMENT:

F41.9 - ANXIETY DISORDER, UNSPECIFIED (PRIMARY)--Severe
F33.1 - MAJOR DEPRESSIVE DISORDER, RECURRENT, MODERATE
K21.9 - Gastro-esophageal reflux disease without esophagitis

PLAN:

fluoxetine 20 mg capsule
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING

trazodone 50 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1/2-1 TABLET (25-50 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

buspirone 5 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE DAILY

Will refer patient to River Region Psychiatry for therapy pending insurance.

ranitidine 150 mg tablet
Refills: 0 Qty: 60 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE 2 TIMES PER DAY AS NEEDED

RTC 5 days for recheck.

Electronically signed by Melodye Harvey, CRNP on 12/13/19 4:16 PM