

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/15/20

PATIENT: PARSONS, SCOTT **DOB:** 02/05/1973 **Gender:** MALE **MRN:** 1145 **AGE:** 46 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sore throat

Symptoms: Started over the weekend with a bad taste in his mouth and developed a sore throat. Has a HA. Decreased appetite. Did not take a flu shot this year. No fever. Slightly achy.

ModFact: Taking Excedrin migraine and sudafed.

COMPLAINT 2: Pain in neck from possibly sleeping on couch.

Symptoms: Pain radiating down (R) arm and now left. Patient reports reaggravating an injury in his right shoulder (picked up something too heavy).

VITALS: BP: 112/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 97.7

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Headache Hay Fever/Allergies

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: former smoker--quit 17 years ago, smoked about 10 years.

FAMILY HISTORY: Father with history of: Lung Cancer--deceased early 50s; Mother with history of: Breast Cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: cough, runny nose, congestion, sore throat,

CARDIOLOGIC: Patient denies: exertional SOB,

RESPIRATORY: Patient is positive for: Cough, Patient denies: SOB, Wheeze,

MUSCULOSKELETAL: Patient is positive for: pain in upper back on right side that radiates down right arm towards elbow--denies discomfort at this time.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; mild congestion; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

MUSCULOSKELETAL: Full Range of Motion; Gait Normal; No Joint or Bony Abnormalities; No Muscle Tenderness;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

STREP A (1 unit(s)): In-House Lab
SOLU- MEDROL (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

SOLU- MEDROL:
Site Given: Right Dorsal Gluteal
Dosage Given: 40 milligram(s)
Administered By: Morris, Amy - RN

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

PLAN:

guaifenesin ER 600 mg tablet, extended release 12 hr
Refills: 0 Qty: 10 TABLET(S)
Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 12 HOURS AS NEEDED

benzonatate 100 mg capsule
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

SOLU- MEDROL (1 UN)--40 mg IM x 1 dose now

amoxicillin 500 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Follow up PRN or if condition worsens or does not resolve

Electronically signed by Melodye Harvey, CRNP on 01/15/20 10:40 AM

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