

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/11/23

PATIENT: PARSONS, SCOTT **DOB:** 02/05/1973 **Gender:** MALE **MRN:** 1145 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up with thyroid labs. Needs referral for Thyroid biopsy of thyroid nodule. He is on mounjaro compounded. He is down 13 lbs in the past 1 month.

HISTORY OF PRESENT ILLNESS: He also c/o cough with white/yellow sputum at times. Sinus drainage, congestion, and headache for the past 1 week. Denies fever. At home covid test was negative.

VITALS: BP: 122/82 **Pulse:** 84; **Temp:** 96.8; **Resp:** 16; **Ht:** 70 in.; **Wt:** 207.9 lbs.; **BMI:** 29.83; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Ativan 0.5 mg tablet (1 tablet PO daily prn)

Mounjaro 2.5 mg/0.5 mL subcutaneous pen injector

Synthroid 50 mcg tablet (TAKE 1 TABLET (50 MCG) BY ORAL ROUTE ONCE DAILY 30 min before breakfast)

PAST MEDICAL HISTORY: HLD, GAD. Hashimoto's hypothyroidism. Thyroid nodules.

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: former smoker--quit 17 years ago, smoked about 10 years.

FAMILY HISTORY: Father with history of: Lung Cancer--deceased early 50s; Mother with history of: Breast Cancer

HEALTH MX HISTORY:

Dr. Abolade- psychiatrist

Cologuard- 2023 was negative.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
Rocephin 1G (1 unit(s)): Injection
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Rocephin 1G:
Site Given: Right Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

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J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
E04.1 - Nontoxic single thyroid nodule
E06.3 - AUTOIMMUNE THYROIDITIS
R51.9 - HEADACHE, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Rx as per below for acute sinusitis.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Follow up with thyroid levels. He is on synthroid and reports compliance.

Referral to radiology for FNA of thyroid nodule.

Follow up in 6 months for recheck.

Referral: Outpatient Radiology, Baptist Medical Center South (Radiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 09/12/23 10:13 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.