

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/13/21

PATIENT: PARSONS, SCOTT **DOB:** 02/05/1973 **Gender:** MALE **MRN:** 1145 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers

HISTORY OF PRESENT ILLNESS: History of HLD in the past. Lost weight and worked on his diet. The next healthy tigers he reports his cholesterol was normal.

VITALS: BP: 116/84 **Site:** RIGHT ARM **Position:** STANDING **Pulse:** 55; **Temp:** 97.3; **Resp:** 15; **Ht:** 71 in.; **Wt:** 195.9 lbs.; **BMI:** 27.32; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Headache Hay Fever/Allergies

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: former smoker--quit 17 years ago, smoked about 10 years.

FAMILY HISTORY: Father with history of: Lung Cancer--deceased early 50s; Mother with history of: Breast Cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
PSA, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE

PLAN:

Follow up with lab results. Follow up yearly for wellness exam.

Electronically signed by Lindsey Barton, CRNP on 10/13/21 1:10 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.