

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/09/23

PATIENT: PARSONS, SCOTT **DOB:** 02/05/1973 **Gender:** MALE **MRN:** 1145 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right middle finger infection x 2 days; also wants cholestech- he is fasting.

HISTORY OF PRESENT ILLNESS: Mr. Parsons is a 50 yo male here today for finger nail infection of his right middle finger for the past 2 days.

He has a history of HLD and requests a cholestech. He is fasting.

VITALS: BP: 119/82 **Pulse:** 67; **Temp:** 96.6; **Resp:** 16; **Ht:** 71 in.; **Wt:** 194 lbs.; **BMI:** 27.05; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Ativan 0.5 mg tablet (1 tablet PO daily prn)

Mounjaro 2.5 mg/0.5 mL subcutaneous pen injector

Synthroid 50 mcg tablet (TAKE 1 TABLET (50 MCG) BY ORAL ROUTE ONCE DAILY 30 min before breakfast)

PAST MEDICAL HISTORY: HLD, GAD. Hashimoto's hypothyroidism. Thyroid nodules.

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: former smoker--quit 17 years ago, smoked about 10 years.

FAMILY HISTORY: Father with history of: Lung Cancer--deceased early 50s; Mother with history of: Breast Cancer

HEALTH MX HISTORY:

Dr. Abolade- psychiatrist

Cologuard- 2023 was negative.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Right middle finger at the nailbed with erythema and tenderness to palpation. No fluctuance.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Cholestech LDX (1 unit(s)): In-House Lab

RESULTS:

Abbott Cholestech LDX:

TC: 241 (H)

HDL: 33 (L)

TRG: 121 (N)

LDL: 183 (H)

TC/HDL:7.2 ()

Comments: Glucose- 99.

ASSESSMENT:

L03.011 - Cellulitis of right finger (PRIMARY)

E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

PLAN:

Pt gave verbal consent for I & D of right middle finger paronychia. Finger was cleansed with alcohol wipes. A small incision was made at the base of the fingernail with the tip of an 18 g needle. Procedure was performed by CRNP student, Kalia Cook under supervision of L. Barton, CRNP. No drainage was able to be expressed. Mupirocin cream and bandaid was applied. Wound care instructions discussed. Follow up on Monday if no improvement or worsening symptoms. He verbalized understanding.

Discussed cholesterol results. He has lost about 20 lbs recently on ozempic. His TC is down from 303, HDL is down from 41, TG is down from 181, LDL is down from 226. Levels are improving; however, we discussed most likely genetics play a role as well. He would like to continue trying to get it under control with diet and exercise for now. Recommended he schedule heart check with Baptist.

mupirocin 2 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY
(Dispensed)

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

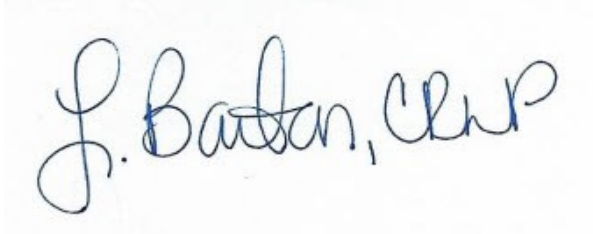
Electronically signed by Lindsey Barton, CRNP on 11/13/23 1:42 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large, stylized "J" and "B".