

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/11/20

PATIENT: HOGAN, JAN **DOB:** 12/07/1962 **Gender:** FEMALE **MRN:** 1156 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Started on Friday when exposed to some smoke. Has allergies to contaminants. Yesterday also was exposed. Scratchy but no sore throat. Nasal itching. Does have a cough. No fever or body aches. Thinks this may be allergies.

ModFact: Tried Claritin, Nasacort, Sudafed, Afrin

VITALS: BP: 118/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 99.1

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Dexilant 30 mg capsule, delayed release

triamterene 37.5 mg-hydrochlorothiazide 25 mg capsule

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: congestion, sinus pain,

RESPIRATORY: Patient is positive for: Cough, Patient denies: SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; bilateral cervical lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

SOLU- MEDROL (1 unit(s)): Injection

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RESULTS:

SOLU- MEDROL:

Site Given: Right Gluteus Medius

Dosage Given: 1 milliliter(s)

Administered By: Harvey, Melodye - CRNP

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

PLAN:

benzonatate 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

guaifenesin ER 600 mg tablet, extended release 12 hr

Refills: 0 Qty: 10 TABLET(S)

Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 12 HOURS AS NEEDED

fluticasone propionate 50 mcg/actuation nasal spray,suspension

Refills: 1 Qty: 1 BOTTLE(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE DAILY

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Xyzal 5 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

AUM Instruction Sheet Handout

Start antibiotics if symptoms do not start to improve by day 5 (tomorrow).

Follow up PRN or if condition worsens or does not resolve.

SOLU- MEDROL (1 UN) 40 mg IM x 1 dose now

Electronically signed by Melodye Harvey, CRNP on 02/11/20 3:03 PM