

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/13/20

PATIENT: VILLAVICENCIO, KRISTINA **DOB:** 01/24/1984 **Gender:** **MRN:** 1157 **AGE:** 36 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Started in pt's chest, and is having nasal drainage and congestion. Possible fever Monday night. Started Monday and had body aches on Tuesday. Symptoms have gotten progressively better.

ModFact: Taking Mucinex

VITALS: BP: 109/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98.6; **FDLMP:** 02/09/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

clobetasol 0.05 % shampoo

PAST MEDICAL HISTORY: Asthma during childhood; Psoriasis

PAST SURGICAL HISTORY: Right foot surgery--2018

FAMILY HISTORY: Mother with history of: high cholesterol; Father with history of: alcohol abuse, high cholesterol, stroke; Sister with history of: high cholesterol; Maternal Grandmother with history of: diabetes, high cholesterol; Maternal Grandfather with history of: diabetes, high cholesterol; Paternal Grandmother with history of: diabetes--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Chills, Patient is positive for: Malaise,

ENMT: Patient is positive for: cough, runny nose, congestion,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Clear rhinorrhea; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; No Lymphadenopathy; No thyromegaly;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Positive

Comment: Flu A

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)00--Flu A

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations.

PLAN:

Xyzal 5 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Continue with Mucinex as directed.

Continue with Theraflu as directed.

AUM Instruction Sheet Handout

Follow up PRN also if condition worsens or not improved

Electronically signed by Melodye Harvey, CRNP on 02/13/20 1:56 PM