

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/18/22

PATIENT: VILLAVICENCIO, KRISTINA **DOB:** 01/24/1984 **Gender:** FEMALE **MRN:** 1157 **AGE:** 38 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: congestion

HISTORY OF PRESENT ILLNESS: Pt here with fatigue, congestion, night sweats, scratchy throat. She says they started one day ago. Denies N/V/D, loss of taste or smell. Denies fevers. She does have clear drainage and runny nose. She denies hx of seasonal allergies.

VITALS: BP: 123/81 **Pulse:** 67; **Temp:** 98.9; **Resp:** 16; **Ht:** 68 in.; **Wt:** 204.1 lbs.; **BMI:** 31.03; **Pulse Oximetry:** 100%; **FDLMP:** 01/31/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
clobetasol 0.05 % shampoo

PAST MEDICAL HISTORY: Asthma during childhood; Psoriasis

PAST SURGICAL HISTORY: Right foot surgery--2018

FAMILY HISTORY: Mother with history of: high cholesterol; Father with history of: alcohol abuse, high cholesterol, stroke; Sister with history of: high cholesterol; Maternal Grandmother with history of: diabetes, high cholesterol; Maternal Grandfather with history of: diabetes, high cholesterol; Paternal Grandmother with history of: diabetes--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema with enlarged tonsils without exudates. Cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION
R53.83 - OTHER FATIGUE
J00 - Acute nasopharyngitis [common cold]

PLAN:

Pt negative for strep, COVID, and Flu. Advised re-test Monday if s/s worsen or fever develops. Pt agrees. Will use OTC treatment for now since s/s started less than 24 hours ago. Pt agrees.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 02/18/22 10:35 AM

M. Fain, CRNP