

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/04/23

PATIENT: VILLAVICENCIO, KRISTINA **DOB:** 01/24/1984 **Gender:** FEMALE **MRN:** 1157 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, hoarse voice, congestion, and slight cough in the mornings since Monday night. She was exposed to strep over the weekend. Denies fever. Took COVID test at home and it was negative.

VITALS: BP: 113/78 **Pulse:** 68; **Temp:** 97.4; **Resp:** 16; **Ht:** 68 in.; **Wt:** 202.6 lbs.; **BMI:** 30.8; **FDLMP:** 08/04/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet (1 tablet daily)

PAST MEDICAL HISTORY: Asthma during childhood; Psoriasis

PAST SURGICAL HISTORY: Right foot surgery--2018

FAMILY HISTORY: Mother with history of: high cholesterol; Father with history of: alcohol abuse, high cholesterol, stroke; Sister with history of: high cholesterol; Maternal Grandmother with history of: diabetes, high cholesterol; Maternal Grandfather with history of: diabetes, high cholesterol; Paternal Grandmother with history of: diabetes--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

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RESULTS:

STREP A:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

Dexamethasone 4mg/ml:

Site Given: Left Ventragluteal

Dosage Given: 4 milligram(s)

Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:

Site Given: Left Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J04.0 - Acute laryngitis (PRIMARY)

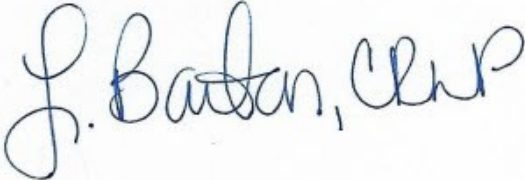
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

PLAN:

Explained that most of the time laryngitis is viral. Given steroid shot in office. Recommended otc antihistamines for runny nose/congestion. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 08/04/23 2:53 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.