

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/10/23

PATIENT: VILLAVICENCIO, KRISTINA **DOB:** 01/24/1984 **Gender:** FEMALE **MRN:** 1157 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus congestion with sore throat

HISTORY OF PRESENT ILLNESS: Ms. Villavicencio presents to the clinic with complaints of sore throat, runny, stuffy nose, fatigue, cough, headache and facial pressure x 12 days. She was seen in clinic on 8/4 and was given a steroid injection.

VITALS: BP: 113/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 88; **Temp:** 98.1; **Resp:** 16; **Ht:** 68 in.; **Wt:** 199.4 lbs.;
BMI: 30.31; **Pulse Oximetry:** 98%; **FDLMP:** 08/10/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet (1 tablet daily)

PAST MEDICAL HISTORY: Asthma during childhood; Psoriasis

PAST SURGICAL HISTORY: Right foot surgery--2018

FAMILY HISTORY: Mother with history of: high cholesterol; Father with history of: alcohol abuse, high cholesterol, stroke; Sister with history of: high cholesterol; Maternal Grandmother with history of: diabetes, high cholesterol; Maternal Grandfather with history of: diabetes, high cholesterol; Paternal Grandmother with history of: diabetes--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness noted, no frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/10/23

PATIENT: VILLAVICENCIO, KRISTINA **DOB:** 01/24/1984 **Gender:** FEMALE **MRN:** 1157 **AGE:** 39 Years

J01.90 - Acute sinusitis, unspecified (PRIMARY)
R09.81 - Nasal congestion
R51.9 - Headache, unspecified
J02.9 - Acute pharyngitis, unspecified
R53.83 - Other fatigue

PLAN:

Take RX as directed. Follow up if symptoms do not improve.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

amoxicillin 875 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Robin Blackwell, CRNP on 08/10/23 4:19 PM

Robin Blackwell CNP