

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/26/18

PATIENT: CHAMBLESS, GRETA **DOB:** 11/18/1971 **Gender:** FEMALE **MRN:** 116 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Started with fatigue on Monday. Fever, and bladder spasms the next day. Went to Primed (Wednesday) and was negative for flu but was treated for a bladder infection. HA and radiating into ear. Continued fatigue. Cough, clear mucus. Temp has been as high as 101.

ModFact: Taking Tylenol and Ibuprofen.

VITALS: BP: 107/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 99.1

ALLERGIES: Keflex; hydrocodone

MEDICATIONS:

Augmentin 500 mg-125 mg tablet

brompheniramine-phenylephrine 6 mg-10 mg/5 mL oral suspension

PAST SURGICAL HISTORY: eardrum repair,

FAMILY HISTORY: Father with history of: bladder cancer; Mother with history of: COPD deceased around 70 years of age.

HEALTH MX HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, Chills, Fatigue, Malaise,

ENMT: Patient is positive for: cough, sinus pain, earache,

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

RESPIRATORY: Patient is positive for: Cough, clearSputum,

GASTROINTESTINAL: appetite loss,

GENITOURINARY: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

MUSCULOSKELETAL: Patient is positive for: general myalgia

NEUROLOGIC: Patient is positive for: Headache,

BREAST: All negative for discharge or mass.

PHYSICAL EXAMINATION:

GENERAL: Appears Consistent with Age; Alert & Oriented x3; Well/Developed/Nourished; appears fatigued.

HEENT: Conjunctiva Clear; Sclera White; Eye Lid Normal; PERRLA; Normocephalic; Oropharynx appears normal.

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Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: TM's intact and reflect NCL; External Auditory Canal clear; Hearing Normal; Pinna Normal;

NOSE: Septum without Deviation; Nasal mucosa moist and pink; Slight Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat is slightly red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, no tracheal deviation, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR without murmur. no clicks, gallops or rubs. Heart sounds of normal intensity.

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric; No intercostals retractions; No nasal flaring; No chest wall tenderness; non-productive cough present

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm& clammy; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Positive

Comment: Type A

ASSESSMENT:

J10.1 - FLU D/T OTH IDENT FLU VIRUS W OTH RESP MANIFEST (PRIMARY)

R50.9 - Fever, unspecified

R05 - Cough

PLAN:

OTC meds for symptom management: Mucinex DM, Robitussin or Delsym, Tylenol and/or Ibuprofen.

RTC if not resolving or becoming worse.

Electronically signed by Carol Stewart, NP on 01/26/18 3:51 PM

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