

TRICHAMONAS VAGINITIS ("TRICH")

My Name: Akaisha Christian

The Practitioner I saw today:

Carol Stewart, CRNP

Saundra Ivey, CRNP

Ramona Lazenby, CRNP

Date: Feb 7/2/15

What is Trichomonas?	How Do I Keep From Getting "Trich" Again?
A sexually transmitted disease (STD) caused by a tiny organism called a trichomonad. It is passed from one person to another during sex.	1. Use Condoms <u>every</u> time during sex!!! 2. Have your partner(s) treated! 3. Do <u>not</u> have sex until you have been rechecked after treatment!

What Medicines Will Help?	What are the Symptoms?
Metronidazole (Flagyl) 2 grams (Taken one time by mouth) DO NOT DRINK ALCOHOL FOR ONE WEEK AFTER TAKING THIS MEDICINE!	→ Bad itching → Yellow or green, foamy vaginal discharge → Burning with urination → Foul, fishy odor → Pain during sex → Men may not have any symptoms → The woman's symptoms may be worse during h period

Is There Another Treatment?	Remember...
	1. USE CONDOMS EVERY TIME! 2. Have your partner(s) treated als 3. Avoid Alcohol during treatment

Do I need a follow-up appointment? ☐ no ☐ yes, in ____ days

Date: _____ Time: _____

AUM Nursing Care Center (Patients seen from 8:15 am to 4:30 pm, Monday - Friday) Phone # 244-3281