

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/06/20

PATIENT: TIDWELL, PAMELA **DOB:** 12/16/1961 **Gender:** **MRN:** 1171 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nausea

Symptoms: Patient reports nausea, lower back ache, and lightheadedness x 1 week. Denies pain with urination. Reports lower abdominal pressure.

VITALS: BP: 114/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 95; **Temp:** 98.7; **Resp:** 14; **Pulse Oximetry:** 97%

ALLERGIES: Sulfa (Sulfonamide Antibiotics) ((Urticaria NOS) or (hives))

MEDICATIONS:

Cogentin 2 mg/2 mL injection solution (daily injection)
Ingrezza 80 mg capsule (1 cap po daily)
Namenda 10 mg tablet (1 tablet po daily)
Seroquel 300 mg tablet (375 mg po daily)
Synthroid 125 mcg tablet (1 tab po daily)
Vistaril 50 mg capsule (1 capsule po tid prn)
Vitamin D3 4,000 unit capsule (1 cap po daily)
atorvastatin 10 mg tablet (1 tablet po daily)
donepezil 10 mg tablet (1 tablet po daily)
magnesium oxide 400 mg (241.3 mg magnesium) tablet (1 tablet po daily)
trazodone 100 mg tablet (1 tablet po daily at bedtime)

PAST MEDICAL HISTORY: mild dementia, high cholesterol, low magnesium, tardive dyskinesia, hypothyroidism, vitamin d deficiency

PAST SURGICAL HISTORY: right breast lumpectomy--1984; Thyroidectomy x 11 years ago; Bladder sling x 7-8 years ago; bilateral oophorectomy x 15 years ago; Bladder stone

FAMILY HISTORY: Mother and father are deceased but had history of: CAD, kidney failure, high cholesterol, diabetes, COPD, --mother; CAD, PVD, Type 2 diabetes, hemophilia, osteoarthritis, kidney failure--father; Brother with history of: high cholesterol and trig

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills, Patient is positive for: Nausea, Dizziness,

GASTROINTESTINAL: Patient is positive for: abdominal pain/pressure, urinary urgency; Denies pain with urination

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White;

EARS: Hearing Normal; Pinna Normal;

NOSE: Septum without Deviation;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen Soft and Nondistended; Suprapubic Tenderness; No Organomegaly; No Rebound Rigidity or Guarding; Bowel Sounds Symmetric x4; No obvious ascites or visible abnormalities; Left CVA Tenderness;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Cloudy
Color: Yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Negative
pH: 7
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: Yes

ASSESSMENT:

N39.0 - Urinary tract infection, site not specified (PRIMARY)
R10.30 - LOWER ABDOMINAL PAIN, UNSPECIFIED

PLAN:

Cipro 500 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Urinary Tract Infection Handout

UA, Urine C & S

Will notify patient of any abnormal lab results.

Follow up PRN or if condition worsens OR does not resolve.

Electronically signed by Melodye Harvey, CRNP on 03/06/20 11:19 AM

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