

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/09/20

PATIENT: BOZEMAN, JOYCELYN **DOB:** 07/24/1969 **Gender:** FEMALE **MRN:** 1172 **AGE:** 50 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Cold symptoms

Symptoms: Patient reports coughing, sneezing, and runny nose x 5-6 days. Denies fever. Patient reports getting caught in the rain and her clothing and shoes were wet.

VITALS: BP: 117/79 **Site:** LEFT ARM **Position:** LAYING **Pulse:** 71; **Temp:** 98.1; **Resp:** 14; **Ht:** 63 in.; **Wt:** 146.5 lbs.;
BMI: 25.95

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

losartan 25 mg tablet (Unsure of dosage)
metformin 500 mg tablet (Unsure of dosage)

PAST MEDICAL HISTORY: Diabetes (Type-II); Hypertension; Hypercholesterolemia

PAST SURGICAL HISTORY: Ectopic pregnancy --2010, Surgery on right thumb--2019

SOCIAL HISTORY: Does not exercise regularly; Does smoke cigarettes 5-6 cigarettes per day. For _20_ years.
cigarettes;

FAMILY HISTORY: Paternal Grandmother with history of: breast cancer--deceased; Mother with history of: kidney cancer--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: cough, runny nose, congestion, Patient denies: sinus pain, earache, sore throat,

RESPIRATORY: Patient is positive for: Cough, Patient denies: SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Clear rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, Left Anterior Cervical Lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

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RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)
R05 - COUGH

PLAN:

benzonatate 100 mg capsule
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

cetirizine 10 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY. TAKE IN THE EVENING

doxycycline hyclate 100 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS

Respiratory Illness Information Handout

RX Discount Card Handout

Continue with Mucinex as directed.

Follow up PRN or if condition worsens OR does not resolve.

Excuse

Electronically signed by Melodye Harvey, CRNP on 03/09/20 4:43 PM