

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/22/21

PATIENT: BOZEMAN, JOYCELYN **DOB:** 07/24/1969 **Gender:** FEMALE **MRN:** 1172 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers

HISTORY OF PRESENT ILLNESS: Pt is a 52 YOF who is here today for healthy tigers physical for insurance. She has a PMH of HTN, HLD, glasses, tobacco abuse, pre-DMs. She denies any complaints, feeling well this morning. She sees Dr. McIntyre every 3 months.

VITALS: BP: 141/84 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 96.2; **Resp:** 16; **Ht:** 63 in.; **Wt:** 144.5 lbs.; **BMI:** 25.59; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Centrum Women 18 mg-400 mcg tablet (Take as directed on bottle)
atorvastatin 40 mg tablet (Take one tablet at bedtime daily)
ferrous sulfate 325 mg (65 mg iron) tablet (1 tablet daily PO)
hydrochlorothiazide 25 mg tablet (Take one tablet PO daily in the AM)
losartan 100 mg tablet (take one tablet daily PO)
metformin 500 mg tablet (Take BID PO daily)

PAST MEDICAL HISTORY: Diabetes (Type-II); Hypertension; Hypercholesterolemia

PAST SURGICAL HISTORY: Ectopic pregnancy --2010, Surgery on right thumb--2019

SOCIAL HISTORY: Does not exercise regularly; Does smoke cigarettes 5-6 cigarettes per day. For _20_ years. cigarettes;

FAMILY HISTORY: Paternal Grandmother with history of: breast cancer--deceased; Mother with history of: kidney cancer--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

GLUCOSE (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCOUNTER FOR GENERAL ADULT MEDICAL EXAM WITHOUT ABNORMAL FINDINGS (PRIMARY)

I10 - Essential (primary) hypertension

E78.2 - Mixed hyperlipidemia

Z72.0 - Tobacco use

PLAN:

Pt here for healthy tigers physical, no abnormality found on exam. Lipid panel and glucose draw for healthy tigers lab. Will send form in once lab work is complete. She agrees. Advised to work on better diet, exercise, stop tobacco abuse. She verbalized understanding. Medications per PCP.

Electronically signed by Maranda Fain, CRNP on 11/22/21 8:20 AM

M. Fain, CRNP