

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/15/21

PATIENT: WILSON, LASHONDA **DOB:** 08/26/1981 **Gender:** FEMALE **MRN:** 1194 **AGE:** 39 Years

VISIT TYPE: Sick Visit- Est

CHIEF COMPLAINT: URI

HISTORY OF PRESENT ILLNESS: Has been quarantined for 14 days due to an exposure. 2 days ago developed HA, body aches, dry cough with mucus stuck in her throat. COVID test last Tuesday was negative. Started running fever yesterday.

VITALS: BP: 135/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 100.8; **Resp:** 12; **Pulse Oximetry:** 97%;
FDLMP: 12/30/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Protonix 40 mg tablet, delayed release

PAST MEDICAL HISTORY: GERD, seasonal allergies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- alcohol abuse, HTN, HLD, heart disease, sudden cardiac death.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

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INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)

R50.9 - Fever, unspecified

PLAN:

Will need to self-isolate for 10 days onset of symptoms. Recommended otc zyrtec once daily, pepcid otc once daily. Mucinex as needed for cough/congestion and vitamin D, zinc, and calcium. Go to nearest ER if chest pain, SOB, n/v/d, dehydration symptoms occur. Tylenol as needed every 4 hrs for fever.

Electronically signed by Lindsey Barton, CRNP on 01/15/21 3:24 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.