

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/12/21

PATIENT: LONG, CAMPBELL **DOB:** 01/06/2005 **Gender:** FEMALE **MRN:** 1197 **AGE:** 16 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat

HISTORY OF PRESENT ILLNESS: Ms. Long presents today for a sick visit. She reports sore throat, headaches, diarrhea, body aches, chills fatigue and cough since Wednesday. Denies loss of taste/smell. She had COVID back in February.

She reports irregular menses.

VITALS: BP: 116/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 97.6; **Resp:** 15; **Ht:** 69 in.; **Wt:** 129.7 lbs.;
BMI: 19.15; **Pulse Oximetry:** 99%

GROWTH PERCENTILES:

Weight/Age: 66

Height/Age: 97

Weight/Height: N/A

BMI/Age: 31

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Seasonal allergies, headaches, history of mono.

PAST SURGICAL HISTORY: bunionectomy

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use. Lives at home with parents. Is a dependent of faculty at AUM.

FAMILY HISTORY: Mother- HTN; Father- HTN; Maternal grandfather- HTN, HLD; Paternal grandfather- HTN, HLD, heart disease; Grandmother- mental illness.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- + erythematous without exudates. + bilateral submental adenopathy; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: A

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
R05 - Cough
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
Z20.822 - Contact with and (suspected) exposure to COVID-19

PLAN:

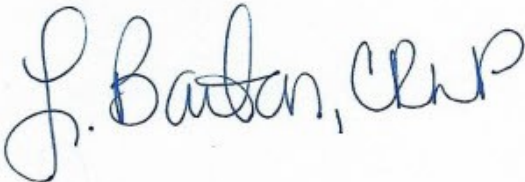
Her mother is a CRNP and has xofluza sample at home. Rx for bromfed. Tylenol or motrin as needed. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 03/12/21 3:50 PM



J. Barton, CRNP

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