

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/08/25

PATIENT: CUBA, NICHOLAS **DOB:** 07/16/1985 **Gender:** MALE **MRN:** 1199 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Left eye watery and drainage

HISTORY OF PRESENT ILLNESS: Mr. Cuba is a 39 yo male here today for left eye itching, watery, and drainage intermittently for the past 1 week. He states he initially had runny nose and congestion in addition to his eye issues. He took otc claritin and everything else cleared up except for his eye. He denies pain or redness.

VITALS: BP: 121/64 **Pulse:** 77; **Temp:** 97.7; **Resp:** 16; **Ht:** 70 in.; **Wt:** 216.7 lbs.; **BMI:** 31.09; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Seasonal allergies. Headaches. Chicken pox; shingles in Jan 2020. GOUT. performance anxiety (public speaking).

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Drinks about 2 beers a day 5 out of 7 days average. Denies smoking or illicit drug use. Does not exercise.

FAMILY HISTORY: Mother- arthritis. Grandmother- arthritis.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

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H10.12 - Acute atopic conjunctivitis, left eye (PRIMARY)

PLAN:

Continue otc antihistamine (claritin, xyzal, or zyrtec). Add otc pataday drops for eye symptoms. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/08/25 2:54 PM

L. Barton, DNP, CRNP