

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/16/24

PATIENT: CUBA, NICHOLAS **DOB:** 07/16/1985 **Gender:** MALE **MRN:** 1199 **AGE:** 38 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: skin tag removal

HISTORY OF PRESENT ILLNESS: Mr. Cuba is a 38 yo male here today for skin tag removal. He reports he has had a skin tag to his buttocks area for awhile now, but over the past few weeks, it has gotten larger and is rubbing against his skin and has become painful when he walks. He is leaving to go out of the country on Monday and would like to have it removed if possible because he will be doing a lot of walking.

VITALS: BP: 124/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 97.5; **Resp:** 16; **Ht:** 71 in.; **Wt:** 224 lbs.;
BMI: 31.24; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Seasonal allergies. Headaches. Chicken pox; shingles in Jan 2020. GOUT. performance anxiety (public speaking).

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Drinks about 2 beers a day 5 out of 7 days average. Denies smoking or illicit drug use. Does not exercise.

FAMILY HISTORY: Mother- arthritis. Grandmother- arthritis.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No rash noted. 1 moderate-sized purple/bluish discolored papular lesion on a stalk to right upper posterior leg/buttocks region.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

OFFICE PROCEDURE(S):

Procedure 1: Removal of skin tag

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Risks and benefits explained. Informed consent obtained.

Area was cleansed with alcohol wipes and lesion was numbed w/ 1% plain lidocaine. Using sterile technique, area was cleansed with wound cleanser. Tweezers were used to hold the lesion in place while a #11 blade was used to remove the lesion and the stalk from the skin. No complications noted and no bleeding occurred. Skin tag was placed in small formalin container and sent to lab for biopsy. Neosporin and a bandage applied. Wound care instructions given. He verbalized understanding.

ORDERS:

Tissue, Pathology Report (1 unit(s)): Quest Diagnostics

ASSESSMENT:

L91.8 - Other hypertrophic disorders of the skin (PRIMARY)

PLAN:

Follow up with path report. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/16/24 3:48 PM

L Barton, CRNP