

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/21

PATIENT: BOURKE, GRACE **DOB:** 06/06/1962 **Gender:** FEMALE **MRN:** 1201 **AGE:** 59 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, headache

HISTORY OF PRESENT ILLNESS: Mrs. Bourke is a 59 yo female here today for sore throat, headache, cough, runny nose with brown drainage, and congestion. Symptoms started Saturday. She has used a nasal spray with some relief. Denies fever, sob, wheezing, loss of taste/smell. She is vaccinated for COVID-19.

She has T2DM. Her last Hgb A1C 1 month ago was 7.4%.

VITALS: BP: 134/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 97.9; **Resp:** 16; **Ht:** 65 in.; **Wt:** 176 lbs.;
BMI: 29.28; **Pulse Oximetry:** 97%

ALLERGIES: Levaquin; Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Cymbalta 60 mg capsule, delayed release (1 tablet daily)
Janumet 50 mg-1,000 mg tablet (1 tablet PO BID)
Multaq 400 mg tablet (1 tablet PO BID)
Xarelto 20 mg tablet (1 tablet daily)
folic acid 400 mcg tablet
methotrexate 2.5 mg tablet (Dosage not provided)
metoprolol tartrate 25 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: Allergies, Rheumatoid arthritis, T2DM, hearing loss, hives. pneumonia. Afib.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Heterosexual female. exercises on a regular basis. No recent decline in ADLs.

FAMILY HISTORY: Mother=pancreatic cancer
father=diabetes, heart disease HTn and sudden cardiac arrest.
Sister=alcohol abuse
MGM=sudden cardiac arrest
PGF=Alcohol abuse

HEALTH MX HISTORY:

PCP- Dr. Lois Schulman
Rheumatologist- Dr. Turkiewicz

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Bilateral maxillary sinus tenderness. No Frontal tenderness. Throat- pink

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without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Prescriptions as per below. Follow up as needed.

Ninjacof 12.5 mg-12.5 mg/5 mL oral liquid
Refills: 0 Qty: 120 ML(S)
Instructions: 10ml PO every 8 hrs as needed for cough/congestion

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

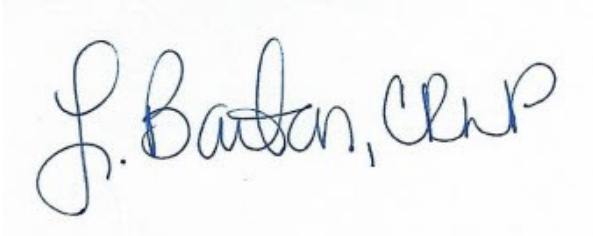
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Electronically signed by Lindsey Barton, CRNP on 11/29/21 9:58 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.